



ELEMENTARY AND MIDDLE SCHOOLS

IN HONOR OF NATIONAL NUTRITION MONTH

REQUIREMENTS

CREATE A RECIPE THAT YIELDS 5 SERVINGS. MEALS **MUST** BE DESIGNED TO BE REPLICATED IN SCHOOL CAFETERIAS.

RECIPE MUST INCLUDE MARCH'S VEGETABLE OR FRUIT OF THE MONTH, CORN AND BLACKBERRIES (EXTRA POINTS WILL BE GIVEN IF YOU USE BOTH); A LEAN PROTEIN; AND A WHOLE GRAIN. **CANNOT INCLUDE FISH, SEAFOOD, PEANUTS, OR TREENUTS***

SUBMIT RECIPE AND PHOTO OF PLATED MEAL BY **MONDAY, JANUARY 19, 2026** USING QR CODE BELOW

GROUP ENTRIES WILL NOT BE PERMITTED

EACH CATEGORY WILL HAVE:
TWO GRAND PRIZE WINNERS AND ONE SUPER GRAND PRIZE WINNER

PRE-K THROUGH 8TH GRADE **GRAND PRIZE WINNERS** RECEIVE:

- A BANNER FOR THEIR SCHOOL
- THEIR WINNING MEAL FEATURED ON THE MENU

PRE-K THROUGH 8TH GRADE **SUPER GRAND PRIZE WINNERS** RECEIVE:

- A KITCHENAID MIXER WITH ICE CREAM ATTACHMENT
- A BANNER FOR THEIR SCHOOL
- THEIR WINNING MEAL FEATURED ON THE MENU

SUBMISSIONS WILL BE JUDGED IN THREE GRADE CATEGORIES

- PRE-K - 5TH GRADE
- 6TH GRADE - 8TH GRADE
- 9TH GRADE - 12TH GRADE

SCAN THE QR CODE TO
SUBMIT YOUR RECIPE



IF RECIPE CONTAINS SESAME AND SCHOOL DISTRICT DOES NOT ALLOW SESAME, INGREDIENT WILL BE SUBSTITUTED



HIGH SCHOOL

IN HONOR OF NATIONAL NUTRITION MONTH

REQUIREMENTS

CREATE A RECIPE THAT YIELDS 5 SERVINGS. MEALS **MUST** BE DESIGNED TO BE REPLICATED IN SCHOOL CAFETERIAS.

RECIPE MUST INCLUDE MARCH'S VEGETABLE OR FRUIT OF THE MONTH, CORN AND BLACKBERRIES (EXTRA POINTS WILL BE GIVEN IF YOU USE BOTH); A LEAN PROTEIN; AND A WHOLE GRAIN. **CANNOT INCLUDE FISH, SEAFOOD, PEANUTS, OR TREENUTS***

SUBMIT RECIPE AND PHOTO OF PLATED MEAL BY **MONDAY, JANUARY 19, 2026** USING QR CODE BELOW

GROUP ENTRIES WILL NOT BE PERMITTED

EACH CATEGORY WILL HAVE:
TWO GRAND PRIZE WINNERS AND ONE SUPER GRAND PRIZE WINNER

9TH THROUGH 12TH GRADE **GRAND PRIZE WINNERS** RECEIVE:

- \$400
- A BANNER FOR THEIR SCHOOL
- THEIR WINNING MEAL FEATURED ON THE MENU

9TH THROUGH 12TH GRADE **SUPER GRAND PRIZE WINNER** RECEIVES:

- \$1,000
- A BANNER FOR THEIR SCHOOL
- THEIR WINNING MEAL FEATURED ON THE MENU

SUBMISSIONS WILL BE JUDGED IN THREE GRADE CATEGORIES

- PRE-K - 5TH GRADE
- 6TH GRADE - 8TH GRADE
- 9TH GRADE - 12TH GRADE

SCAN THE QR CODE TO
SUBMIT YOUR RECIPE



***IF RECIPE CONTAINS SESAME AND SCHOOL DISTRICT DOES NOT ALLOW SESAME, INGREDIENT WILL BE SUBSTITUTED**



HIGH SCHOOL COOK-OFF COMPETITION

HIGH SCHOOL STUDENTS WITH THE TOP 3 SUBMISSIONS WILL COMPETE IN A COOKING COMPETITION AT DRISCOLL FOODS IN THEIR PROFESSIONAL KITCHEN. STUDENTS WILL COOK THEIR DISH WITH A POMPTONIAN CHEF. THE COOKING COMPETITION WILL TAKE PLACE ON FRIDAY, FEBRUARY 20, 2026 STARTING AT 8:30AM.

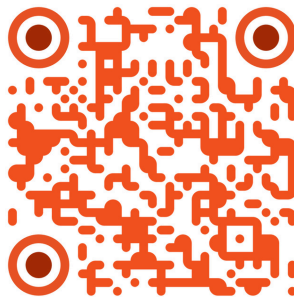
APPLICANTS MUST BE AVAILABLE THE DAY OF FILMING FROM 8:30AM TO 2:30PM TO QUALIFY TO WIN. PLEASE NOTE, A PARENT, GUARDIAN, OR CHAPERONE MUST ACCOMPANY YOU TO THIS EVENT.

WE WILL FILM AND SHARE THIS CHALLENGE ON OUR SOCIAL MEDIA PLATFORMS AND WITH THE SCHOOL DISTRICTS WE SERVE. HIGH SCHOOL CHEFS WILL HAVE 2 HOURS TO COOK THEIR MEAL ON THE DAY OF FILMING.

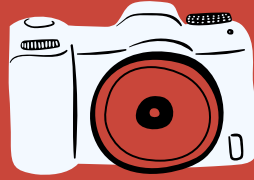


THIS IS A GREAT COLLEGE APPLICATION BUILDER!

SCAN THE QR CODE TO SUBMIT YOUR RECIPE



TIPS FOR UPLOADING PHOTOS AND VIDEOS



Uploading/sharing videos can be tricky due to the size of the files. If you're having trouble, here are some methods you can try:

1. If your file is too large to send, you may want to trim down the length (time) of your video.

2. If you have a Google account, try to submit your photos and videos using Google Drive. The uploads folder can be found at the end of our recipe submission form.

3. Upload your video to YouTube. Uploads can be published as "unlisted" videos, so only those with the link can view. Make sure to send us the link to view your video!